

# MAKE

## WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Halal Meal 1	Crispy Chicken Katsu Curry & Wholegrain Rice	Classic Lasagne Al Forno	Roast of the Day with Traditional Accompaniments	Sizzling Chicken Fajitas, with Salsa	Crispy Fried Fish with Lemon and Tartar Sauce
Vegetarian	Mediterranean Vegetable Lasagne	Butternut Squash, Butterbean & Spinach Risotto	Spiced Lentil Roast	Moroccan Chickpea & Lemon Tagine	
Vegetables	Jacket Wedges Garden Peas Sweetcorn Baked Beans Mixed Garden Salad	New Potatoes Roast Vegetables Green Beans Baked Beans Mixed Garden Salad	Roast Potatoes Seasonal Greens Carrots and Peas Baked Beans Mixed Garden Salad	Spicy Diced Potatoes Broccoli Fresh Carrots Baked Beans Mixed Garden Salad	Chipped Potatoes  Mushy Peas Baked Beans Mixed Garden Salad
Available Daily	Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Hot Sweet of the Day or Fresh Fruit Salad, Hot and Cold Drinks				