

# OCR Cambridge National Level 1/2 Award Health and Social Care

## Course description

This course is equivalent to one GCSE. Health and Social Care gives you an insight and understanding about how and why people use various services in the health and social care sector. You will study the different client groups such as Early Years, Adulthood and Later Adulthood.

## How will I be assessed and what will I learn?

Health and Social Care is assessed through both coursework and exam.

### Level 1/2 Award Health and Social Care:

This course is designed for learners who have an interest in health and social care and wish to develop skills and learn the theory that can prepare them for further study and employment within this sector.

There are four modules; an exam module and three pieces of coursework. Each module is worth 25%.

### Course outline

Year	UNIT	OVERVIEW	HOW IT IS ASSESSED
Year 1	R031: Using basic first aid procedures	This unit will provide learners with a knowledge and understanding of basic common first aid procedures that could be used within health and social care settings.	<ul style="list-style-type: none"> <li>Internally assessed (Coursework)</li> <li>25% of the qualification</li> </ul>
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Year 1	R021: Essential values of care for use with individuals in care settings  <b>Mandatory unit</b>	This unit focuses on the rights of individuals and will instil the values of care to be used when working in a health, social care or early years environment. All good practice is based on these values and enables those who use and work in care settings to apply quality practice. The unit also provides an overview of legislation and its impact on the care settings and covers the hygiene, safety and security matters that relate to promoting a healthy and safe environment.	<ul style="list-style-type: none"> <li>Externally assessed (Written exam)</li> <li>25% of the qualification</li> </ul>
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Year 2	R022: Communicating and working with individuals in health, social care and early years settings  <b>Mandatory unit</b>	This unit will provide learners with the underpinning knowledge and understanding of how to communicate effectively and what personal qualities will contribute to the creation of a caring environment when working with individuals in a health, social care and early years setting.	<ul style="list-style-type: none"> <li>• Internally assessed (Coursework)</li> <li>• 25% of the qualification</li> </ul>
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Year 2	R027: Creative activities to support individuals in health, social care and early years settings	In this unit learners will have the opportunity to explore the different types of creative activities that are available to individuals in health, social care and early years settings. They will understand how important it is to promote creative activities, so that the needs of the individuals are met as well as ensuring that those involved enjoy the experience and gain personal value from participating.	<ul style="list-style-type: none"> <li>• Internally assessed (Coursework)</li> <li>• 25% of the qualification</li> </ul>

### **Future opportunities:**

Studying Health and Social Care can open the door for a career in the caring and medical professions; social care, teaching, nursing and midwifery amongst others.

### **When should I take this subject?**

Students can take this as a GCSE optional qualification.

### **Other information**

During the second year of the course (September – April) students will carry out work experience placements in lesson time. This will be done on rotation basis (sending 4 students from each class a week to spend approximately 1 ½ hours at Old School House Nursery (Fulwood, Sheffield). Each student will probably visit the nursery at least twice over the duration of this time. This is a valuable experience and will support the development of student knowledge in relation to coursework and exam application.

This course is academically demanding as assessment is continuous and the exam covers a wide area of knowledge. You will need to have strong English and literacy skills to meet the demands of the coursework portfolios. You should be able to meet deadlines.