

Physical Education

(Exam Board: AQA)

Subject Leader:

Ms J Nicholls

What do I need?

You need GCSE PE or equivalent at grade C (**level 4**) or above if studied before. Standard entry requirements if not. Some topics will be taught practically to enhance understanding. They will also as part of the final mark be assessed in their ability to analyse and evaluate a physical activity as a performer and/or in an adopted role/s as an official or coach. It is an entry requirement that students take part in a **competitive activity outside of school** which is listed on the syllabus. **Students must be able to video this performance.**

What will I learn?

The Course involves the exploration of a wide range of topics relating to sport including:

1. Applied anatomy and physiology
2. Skill acquisition
3. Sport and society
4. Exercise physiology
5. Biomechanical movement
6. Sport psychology
7. Sport and society and the role of technology in physical activity and sport

How will I be assessed?

	Paper 1: Factors affecting participation in physical activity and sport	Paper 2: Factors affecting optimal performance in physical activity and sport	Non-exam assessment: Practical performance in physical activity and sport
What's assessed	Section A: Applied anatomy and physiology Section B: Skill acquisition Section C: Sport and society	Section A: Exercise physiology and biomechanics Section B: Sport psychology Section C: Sport and society and technology in sport	Students assessed as a performer or coach in the full sided version of one activity. Plus: written/verbal analysis of performance.
How it's assessed	<ul style="list-style-type: none"> • Written exam: 2 hours • 105 marks • 35 % of A-level 	<ul style="list-style-type: none"> • Written exam: 2 hours • 105 marks • 35 % of A-level 	<ul style="list-style-type: none"> • Internal assessment, external moderation • 90 marks • 30 % of A-level

Questions	<ul style="list-style-type: none"> •• Section A: multiple choice, short answer and extended writing (35 marks) •• Section B: multiple choice, short answer and extended writing (35 marks) •• Section C: multiple choice, short answer and extended writing (35 marks) 	<ul style="list-style-type: none"> Section A: multiple choice, short answer and extended writing (35 marks) •• Section B: multiple choice, short answer and extended writing (35 marks) •• Section C: multiple choice, short answer and extended writing (35 marks) 	
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Is there anything else I need to know?

Students wishing to enter careers related to Sport could combine this subject with Mathematics and/or Science subjects such as Biology for entry to Sports Science degrees. Other relevant subjects include Psychology, Sociology, Business, Geography and English.