## Y11 Learning Journey. Subject: PE GCSE



Exam Requirements: Your GCSE in PE is structured, and examined, in the following way:

Paper One:	Paper Two:	NEA
The human body and movement in physical activity and	Socio-cultural influences and well-being in physical activity	Non-exam assessment: Practical performance in physical
sport	and sport	activity and sport. Practical performance in three different
• Written exam:	• Written exam:	physical activities in the role of player/performer (one in a
1 hour 15 minutes	1 hour 15 minutes	team activity, one in an individual activity and a third in
• 78 marks	• 78 marks	either a team or in an individual activity).
• 30% of GCSE	• 30% of GCSE	Analysis and evaluation of performance to bring about
		improvement in one activity.
		Assessed by teachers  Moderated by AQA  100 marks
		40% of GCSE

## **Overview of the Year:**

Week Beginning	The focus of your learning or revision this week:	Key assessment pieces or specific homework tasks (including deadlines of any coursework/NEAs)
05/09/22	Aggression in sport / Personality Types	
12/09/22	Types of Motivation	
19/09/22	Social Groups – intro – barriers – gender	
26/09/22	Social Groups – race, religion and culture	
03/10/22	Re-cap lesson on Skill Classifications / Goal Setting & Info Processing / Feedback / Guidance	
10/10/22	Re-cap on Arousal / Aggression / Personality / Motivation	Assessment on Sport Psych (3.2.1)
17/10/22	Social Group cont. disability / age / family friends, peers	
	Half Term	
31/10/22	Social groups finish off plus 9-mark Social Groups Extended Question (Aisha)	9 marker Aisha Social Groups Question
07/11/22	Assessment feedback & Commercialisation Intro	
14/11/22	Commercialisation: Media & Sponsorship	
21/11/22	Commercialisation: Technology	
28/11/22	Revision Week 1 : Paper 1 and Paper 2	
05/12/22	Revision Week 2 : Paper 1 and Paper 2	
12/12/22	Assessment Week One : Paper 1 all content Paper 2 up to the end of 3.2.2.2	
19/12/22		
	Christmas Break	
09/01/23	Conduct of performers	
16/01/23	Assessment feedback / Conduct of performers	
23/01/23	Prohibited substances	

30/01/23	Prohibited substances		
06/02/23	Prohibited substances / Spectator behaviour	9 marker on PEDS	
Half Term			
20/02/23	Spectator Behaviour & Hooliganism	NEA Final deadline (written coursework)	
27/02/23	Health: Phys/Mental/ Social / Fitness		
06/03/23	Assessment Week Two: Paper 1 and Paper 2 up to and including 3.2.2.3		
13/03/23	Sedentary lifestyles	Video evidence deadline	
20/03/23	Obesity – Energy Expend / Assess Feedback		
27/03/23	Somatotypes		
03/04/23	Nutrition / Diet	Paper 2 Mock exam	
	Easter Break		
24/04/23		Revision	
01/05/23	Revision		
08/05/23		Revision	
15/05/23	Provisional start to the GCSE Exams		

Exam Practice:	Revision Materials:
You can find past papers to help support your revision and develop your exam technique here:	We advise that you use the following revision materials: <u>The PE Tutor (thinkific.com)</u> (students have their own log in details)
AQA   GCSE   Physical Education   Assessment resources	
<u>Glossaries:</u>	Advice and Guidance for Revision
Vocabulary lists to support your revision can be found here:	Link to the spec:
AQA   GCSE   Physical Education   Teaching resources	GCSE Physical Education Specification for first teaching in 2016 (aqa.org.uk)