

NOTRE DAME RC HIGH SCHOOL

SPRING SUMMER 24

WEEK ONE



GREEN EARTH MONDAY

Mexican Vegetable Quesadilla with Home Baked Wedges (V)
Aubergine Shawarma Flatbread (Ve)
Broccoli, Baked Beans, Mixed Salad, Rice

TUESDAY

Chilli Con Carne with Yucatean Rice
Chilli Sin Carne with Yucatean Rice (ve)
Fajita Roasted Sweetcorn & Peppers, Baked Beans, Mixed Salad

WEDNESDAY

Roast Gammon (or Turkey), Gravy & Roasties
Roast Quorn, Gravy & Roasties
Country Mixed Vegetables, Baked Beans, Mixed Salad

THURSDAY

Paprika Chicken & Sri Lankan Dhal with Steamed Mixed Rice
Roasted Coriander Aubergine & Sri Lankan Dhal with Steamed Mixed Rice (ve)
Baked Beans, Garden Salad, Sri Lankan Vegetable Salad, Wedges

FRIDAY

Sustainably Sourced Battered Fish & Chips
Cheese & Tomato Pizza & Chips
Peas, Baked Beans, Mixed Salad

AVAILABLE DAILY

Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads
Hot Pudding of the Day, Fresh Fruit Salad or Whole Fruits

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WEEK TWO



GREEN EARTH MONDAY

Cheese & Tomato 'Pizza' Macaroni Cheese (V)
Roasted Cauliflower, Chickpea & Coconut Curry with Steamed Rice (ve)
Baked Beans, Garden Salad, Garlic Bread, Green Beans

TUESDAY

Smoky Mexican Beef Mixed Rice Bowl with
Crispy Baked Tortilla, Lettuce & Salsa
Smoky Mexican Quorn Mixed Rice Bowl with
Crispy Baked Tortilla, Lettuce & Salsa (V)
Baked Beans, Fajita Roasted Sweetcorn & Peppers, Garden Salad, Coleslaw

WEDNESDAY

Roast Gammon (or Turkey), Gravy & Roasties
Moroccan Chickpea & Lemon Tagine with Couscous (ve)
Baked Beans, Broccoli, Garden Salad

THURSDAY

Korean Sweet & Sour Chicken with Steamed Rice
Korean Sweet & Sour Vegetables with Steamed Rice (ve)
Baked Beans, Asian Slaw, Garlic Green Beans, Garden Salad

FRIDAY

Sustainably Sourced Battered Fish & Chips
Cheese & Tomato Pizza & Chips (v)
Jacket Potato with Salmon Mayo
Peas, Baked Beans, Mixed Salad

AVAILABLE DAILY

Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads
Hot Pudding of the Day, Fresh Fruit Salad or Whole Fruits

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SPRING SUMMER 24

WEEK THREE



GREEN EARTH MONDAY

Spanish Omelette served with Catalan Sauce & Garlic Bread (v)
Veggie Bolognese Pasta Bake (v)
Baked Beans, Garden Salad, Garlic Green Beans, Garlic Bread

TUESDAY

Chicken & Vegetable Enchilada with Home Baked Wedges
Mexican Vegetable Tostada (ve)
Baked Beans, Garden Salad, Roasted Sweetcorn, Wedges

WEDNESDAY

Roast Gammon (or Turkey), Gravy & Roasties
Mediterranean Vegetable Lasagne (v)
Baked Beans, Coleslaw, Garlic Bread, Garden Salad

THURSDAY

Japanese Chicken & Edamame Curry with Steamed Mixed Rice
Japanese Roasted Aubergine, Edamame & Sweet Potato Curry
with Steamed Mixed Rice (ve)
Baked Beans, Sauté Garlic Green Beans, Asian Slaw

FRIDAY

Sustainably Sourced Battered Fish & Chips
Cheese & Tomato Pizza & Chips (V)
Peas, Baked Beans, Mixed Salad

AVAILABLE DAILY

Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads
Hot Pudding of the Day, Fresh Fruit Salad or Whole Fruits