

EAT SMART

	Students	Staff		Student	Staff
Fuel Your Day Your Way			Salads		
Fruit Pots	£1.16	£1.47	Tuna & Sweetcorn Pasta Salad	£2.37	£2.95
Melon Pots	£1.16	£1.47	Margherita Pasta Salad	£2.10	£2.79
Yoghurt Plain or Flavoured/Fruit Purees	£1.15	£1.45	Five Bean & Spiced Lentil Salad (Vg)	£2.21	£2.79
Yoghurt Pots with Granola /Fruit Compote	£1.20	£1.50	Cheese/Tuna/Meat with Chopped Salad	£2.37	£2.97
Cereals & Milk	£1.25	£1.55	Meat/Fish/Egg with Chopped Salad	£2.37	£2.97
Beans on Toast	£1.05	£1.25			
Hummus Pots Pitta Crisp/Veg Sticks	£1.16	£1.45	Sandwiches		
50% Breakfast Muffins & Traybakes	£1.10	£1.52	Filled Bread	£1.95	£2.36
½ Toasted Muffin	63p	79p	Filled Gyros	£2.42	£2.94
½ Toasted Crumpet	53p	68p	Wraps (Cold)	£2.10	£2.63
½ Toasted Teacake	53p	68p	Wraps (Hot)	£2.21	£2.68
½ Toasted Bagel	53p	68p	Baguettes (Cold)	£2.21	£2.73
½ Toasted Filled Bagel	£1.05	£1.30	Baked Italian Soft Breads	£2.42	£2.94
Breakfast Pizza Slice	£1.37	£1.63	Ham & Cheese Toastie Half	£1.95	£2.36
Breakfast Pizza Wrap	£1.32	£1.68	Cheese & Tomato Toastie Half	£1.95	£2.36
Cheese & Bean Wrap	£1.42	£1.74			
Cheese on Toast or Pizza Toast	£1.05	£1.31	Puddings & Treats		
Vegan Sausage Roll (Once Per Week)	£1.50	£1.89	Hot Sweet of the Day with Custard	95p	£1.15
Sausage Roll (Once Per Week)	£1.37	£1.68	Jelly Pots	68p	85p
Bacon Sandwich	£1.58	£1.89	Cookies	68p	85p
Veggie Sausage Sandwich	£1.58	£1.89	Muffins/ Traybakes / Cake Slices	£1.00	£1.25
Toasted Bacon Cheese Muffin	£1.65	£2.06	50% Fruit Muffins / Traybake	£1.10	£1.52
Toast & Spread	33p	42p	Cheesecake	£1.05	£1.30
Toast Jam & Spread	37p	47p	Instant Delight	£1.05	£1.30
Sauce Portion	16p	26p	Fresh Fruit	63p	75p
			Fruit Pots	£1.16	£1.40
Lunch			Croissant	£1.05	£1.25
Pizza Slice	£1.40	£1.70	Iced Fingers	89p	£1.10
Large Pizza Slice	£1.95	£2.42			
Jacket Potato & Side Salad	£1.42	£1.73	Hydration		
Jacket Potato with 1 Filling & Salad	£2.00	£2.26	Harrogate Water 500ml	£1.00	£1.21
Jacket Potato Cheese & Beans	£2.36	£3.05	Fresh Ice-Cold Milk 250ml	63p	84p
Jacket Potato Topped with Main Dish	£2.36	£3.05			
Jacket Potato with Tuna & Salad	£2.35	£2.90			
Extra Jacket Fillings	63p	79p			
			Meal Deals (All Come with Fresh Fruit, Jelly, or Cookie or Traybake)		
Hot Pasta Pots with Sauce or Main Dish	£2.36	£2.99			
Chipped Potatoes or Jacket wedges	£1.40	£1.70			
Main Dishes	£2.36	£2.99	Main Meals	£3.00	£3.60
Portion Veg/Baked Beans or Hot Sauces	68p	84p	Hot Pasta Dish of the Day	£3.00	£3.60
			Baguette (Cold)	£3.00	£3.60
			Baked Italian Soft Breads	£3.00	£3.60
			Salad Pots	£3.00	£3.60
			Jacket Potato Cheese & Beans	£3.00	£3.60
			Jacket Potatoes with the Main Dish	£3.00	£3.60
			Medium Pizza Slice with Chips or Wedges	£3.00	£3.60

If you have any allergen or dietary requirement's
please see the Catering Manager