# Year 11 Information Evening



2025

"If you have love for one another, everyone will know that you are my disciples"

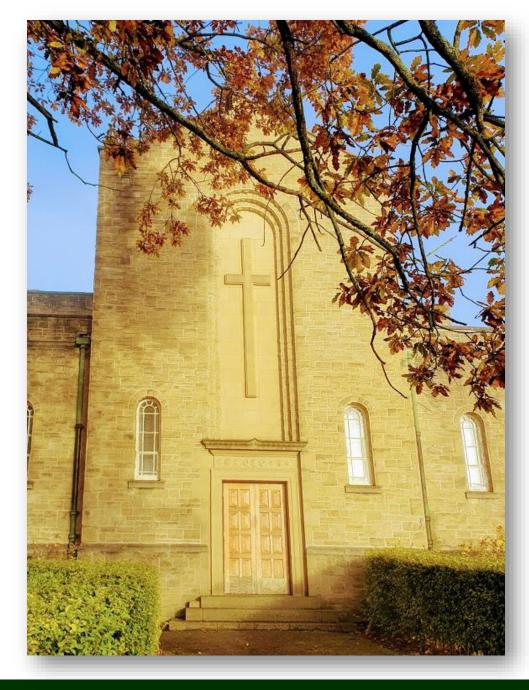








### WELCOME



ST JULIE



PRAY FOR US,

PROTECT US,

AND BLESS US.

AMEN.



#### **Celebrating Success**

#### **GCSE**

- We have a long track record spanning 25 years of students achieving outstanding performance at GCSE, ranging from Top 10% Top 25% of schools in the country
- We are a consistently 'well above average' school in terms of our school performance
- From the most recent government data set, we are in the Top 9% of schools.

We are so very proud of our individual students and what their exam success will mean to them!





### THE YEAR AHEAD

### Y11 Key Dates

03/11/25 – 07/11/25 Y11 Spanish Speaking Tests
10/11/25 – 14/11/25 Y11 French Speaking Tests
15/11/25 Notre Dame 6<sup>th</sup> Form Open Morning @ 10:00 – 12:00 am
21/11/25 – 28/11/25 Y11 Assessment Week 1
20/12/25 Sheffield Progress – deadline for applications
22/01/26 Y11 Parents' Evening @ 16:30 – 19:00

31/01/26 Sheffield Progress – hard deadline for applications

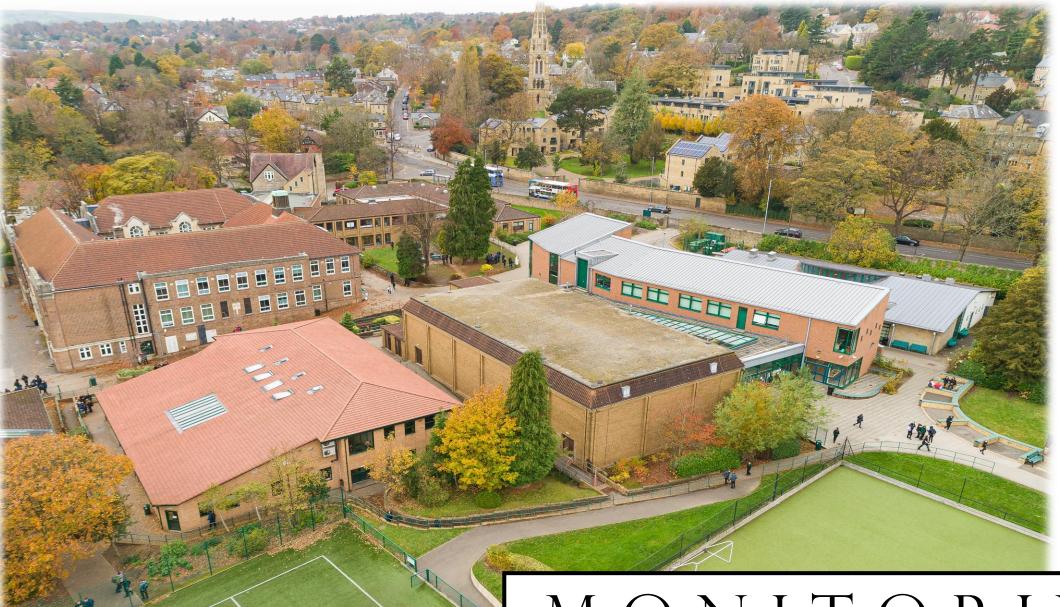
27/02/26 - 06/03/26 Y11 Assessment Week 2

27/04/26 – 06/05/26 GCSE MFL Speaking Examinations

08/05/26 - 17/06/26 Y11 GCSE Examinations

19/06/26 Y11 Prom – Royal Victoria @ 7:00pm

20/08/26 GCSE Results Day





MONITORING



#### Monitoring

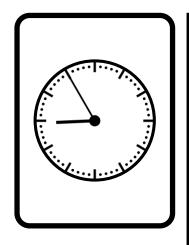
Each year we will review and report your Approach to Learning and academic progress as part of our monitoring cycles

	Approach to Learning	Progress
Sept		
Dec	All year groups	Y8-13
Mar		Y7-13
July		Y7-10 and Y12









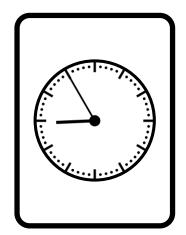
#### In school

#### What do attendance figures actually mean?

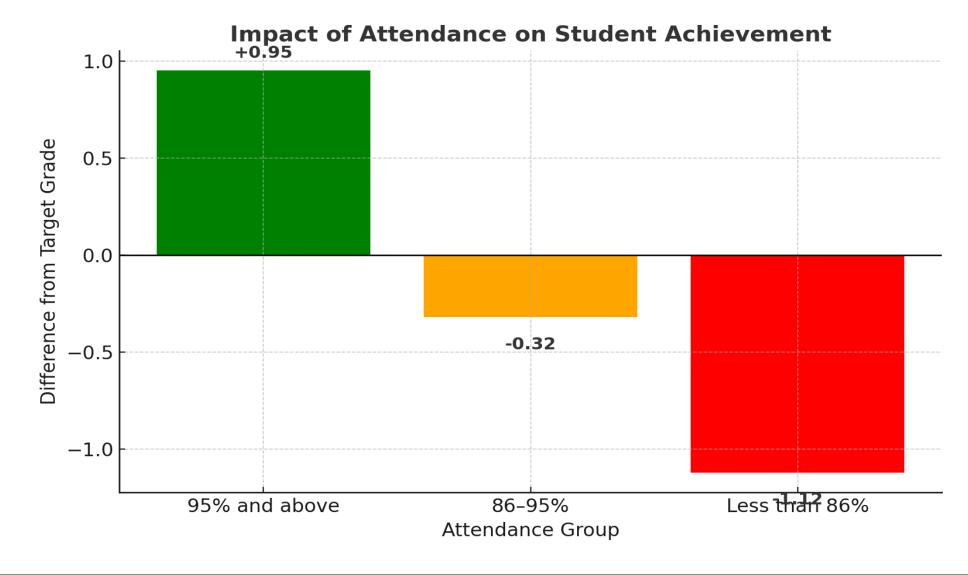
Attendance Level ( <i>end</i> of year)	Missed Education	
95%	47 Lessons missed 9 and half days missed	
90%	95 Lessons missed 19 Days missed	
85%	143 Lessons missed 28 and half days missed	
80%	255 Lessons missed 38 Days missed	
Below 80%	Significant impact on long term education	



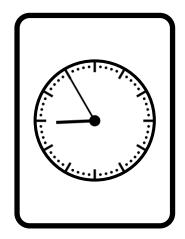




### **Year 10 Mid Size GCSE results**







#### **On Time**

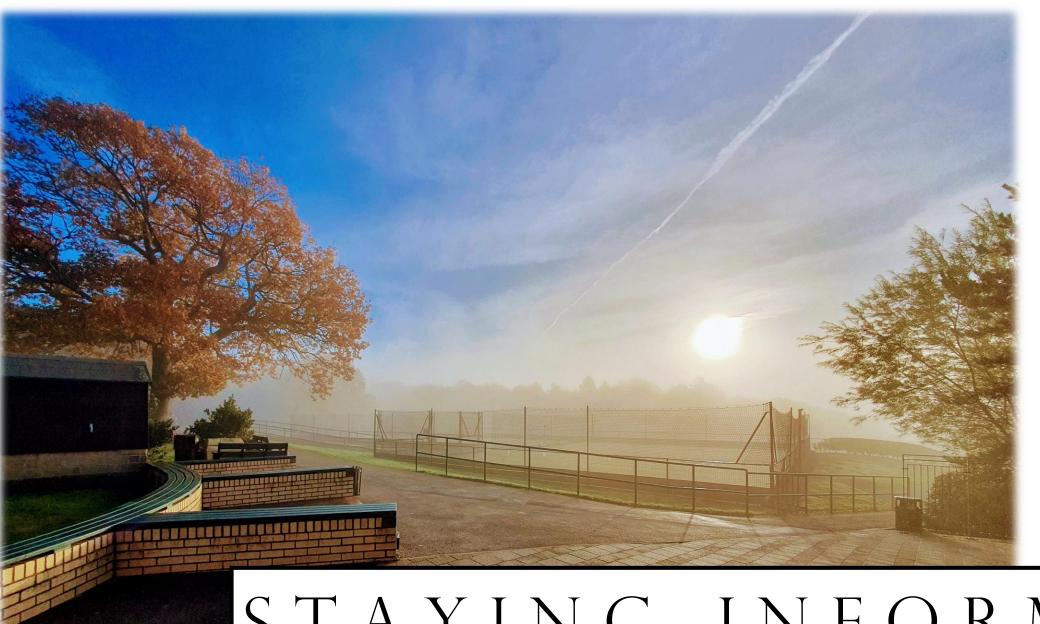
School attendance is really important. Missing time in school has an impact on your academic progress and friendships

So what?
I am only
5 mins late
to lesson!





Notre Dame High School





STAYING INFORMED

### How will we keep in touch with you?



### Pupil specific

- MCAS App (My Child at School)
- Satchel One App (previously SMHW)
- Monitoring reports via MCAS
- Parents' Evening
- FTs/ subject teachers/ Pastoral managers via MCAS/phone/email

#### Keep in touch with us:



- Regular checking of MCAS and Satchel One
- Through the journal, email and phone calls
- Make an appointment to speak to relevant staff
- Attend Parents' Evenings
- Join us in community worship and school Masses
- Support the drama, dance and music Productions

### Strategies to support your child's revision

### Getting Revision Right

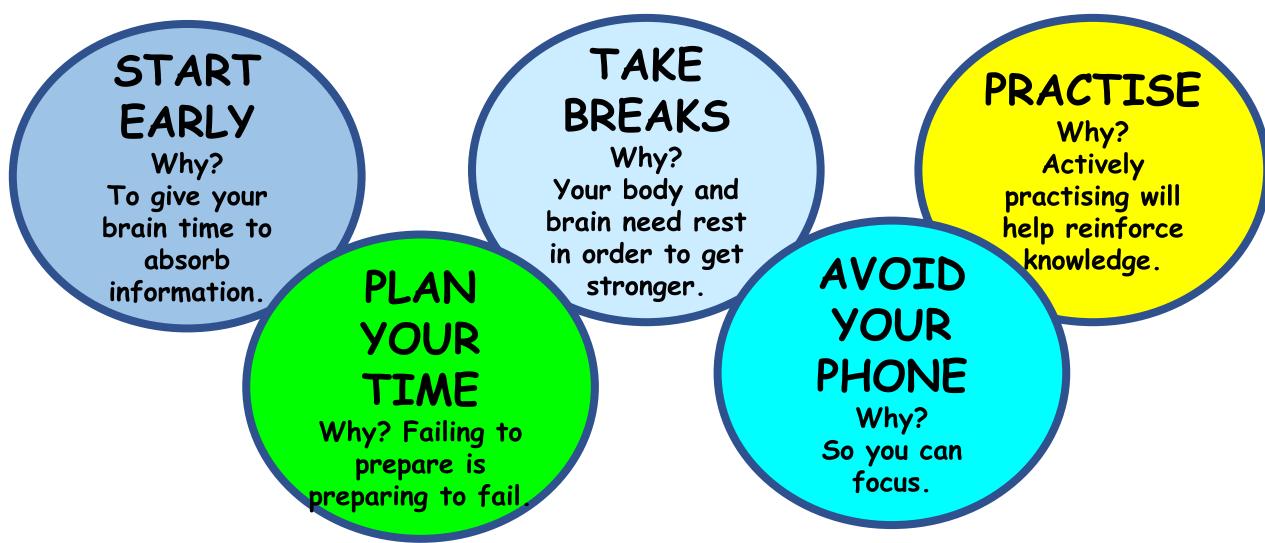
'Goals are good for setting a direction but systems are best for making progress'

(James Clear, Atomic Habits)

### How to support at home

- ✓ Be involved with revision and homework don't do it for them but support them with it.
- Ensuring your child has the correct equipment needed to complete revision.
- ✓ Support your child with good revision habits.
- ✓ Know the key assessment dates so you can help them plan.
- ✓ Recognise and reward good revision

#### The secret to getting ahead is getting started



'Goals are good for setting a direction but systems are best for making progress' James Clear, Atomic Habits

#### **WEEKLY REVISION PLANNER**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	SATURDAY	SUNDAY

#### START EARLY

Why?
To give your
brain time to
absorb
information.

#### PLAN YOUR TIME

Why? Failing to prepare is preparing to fail.

#### WEEKLY REVISION PLANNER

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	SATURDAY	SUNDAY
8:30AM -4PM	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	9AM— 10AM	BREAKFAST/ SHOWER	BREAKFAST/ SHOWER
4PM- 5PM	HOMEWORK	TV/ GAMING/ SOCIAL MEDIA	HOMEWORK	TV/ GAMING/ SOCIAL MEDIA	HOMEWORK	10 AM- 11 AM	English Revision	Science Revision
5PM- 6PM	DINNER	DINNER	DINNER	DINNER	DINNER	11AM- 1PM	SEEING FRIENDS/ LUNCH	SPORT/ LUNCH
6РМ— 7РМ	Geography revision	HOMEWORK	History Revision	French Revision	Science Revision	1PM- 3PM	Maths Revision	RE Revision
7РМ— 8РМ	Maths Revision	English Revision	RE Revision	HOMEWORK	FREE TIME	3PM- 5PM	OUT WITH FAMILY	SPORT/ TV/ GAMING
8PM- 9PM	FREE TIME/ SHOWER	FREE TIME/ SHOWER	FREE TIME/ SHOWER	FREE TIME/ SHOWER	FREE TIME/ SHOWER	6PM- 8PM	DINNER/ FREE TIME	DINNER/ FREE TIME

#### START EARLY

Why?
To give your
brain time to
absorb
information.

#### PLAN YOUR TIME

Why? Failing to prepare is preparing to fail.

## Most effective revision strategies

1. Flashcards

2. Mindmapping

3. Look Cover Write Check



#### 1. Flashcards

Equipment needed - flashcards, pen

Specific heat capacity

Good for - Practice testing, generating an explanation

Subjects - ALL!

**PRACTISE** Why? **Actively practising** will help reinforce knowledge.

6.3.2 Internal Energy and energy transfers

What is 'Specific Latent Heat'?

Energy needed to change 1kg of a substance's state

Energy needed to raise 1kg of substance by 1°C, depends on mass, material and energy put into material

2. Mindmapping

Good for - full themes/ topics / case-studies/ set texts to draw comparisons in extended

Equipment needed - blank paper, coloured pens

Subjects - Written subjects (MFL, Geography, History, English)

**PRACTISE** Why?

**Actively practising** will help reinforce knowledge.

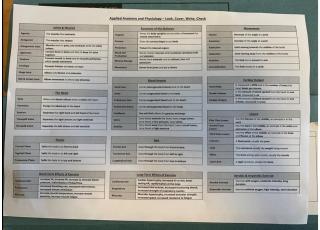


3. Look, Cover, Write, Check

Equipment needed - blank paper, pen, ruler

Good for - snappy quotes/ dates/ figures/ vocabulary/ formulas/

Subjects - Science, English, MFL, History, Geography



#### **PRACTISE**

Why? **Actively practising** will help reinforce knowledge.

2000	1	Ť		
Aocap	Translation	1	2	3
To eat	comer	X Come	Comer	Comer
To drink	beber	beber	beber	Beber
] eat	Como	Como	Comer X	como

### Revision strategies - How?

Revise what you don't know	RAG rate subjects, and then topics against specification to revise what is least well known.	Get comfortable with the uncomfortable. Make revision impactful.
Realistic timetable	Include planned regular breaks.	Support mental health and long term retrieval
Varying study topics	Mixing different kinds of problems, or different kinds of material, within a single study session.	Aid retention
Long-term revising  PRACTISE Why? Actively practising will help reinforce	Implement a schedule of practice that spreads out study activities over time.	Little and often with regular breaks to aid retention

### Revision Spaces

Find a quiet, tidy room.

Make the revision timetable and exam timetable visible.

TAKE
BREAKS
Why?
Your body and
brain need rest
in order to get
stronger.

AVOID
YOUR
PHONE
Why?
So you can
focus.

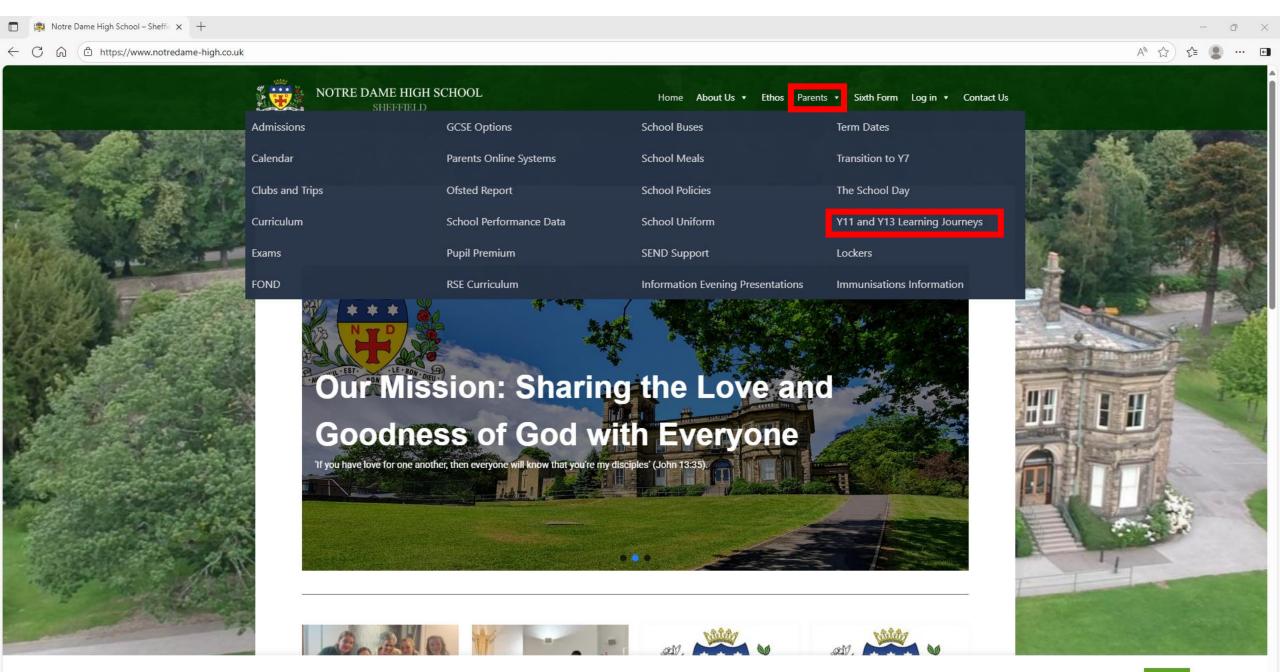


Make sure you keep hydrated

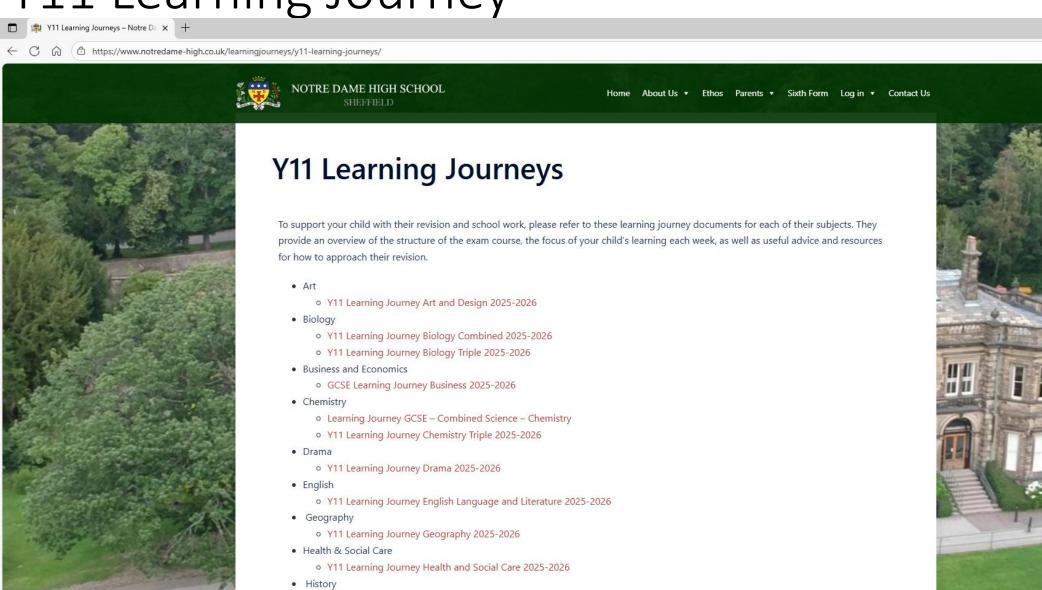
Put your phone away in another room.

Loud music is a distraction.

Have revision materials and stationary on the desk ready to go.



### Y11 Learning Journey



o Y11 Learning Journey History 2025-2026

### Y11 Learning Journey



#### Y11 Learning Journey 2025-2026. Subject: Religious Studies GCSE

Exam Requirements: Your GCSE in Religious Studies is structured, and examined, in the following way:

Paper One: Foundational Catholic Theology		Paper Two: Applied Catholic Theology	Paper Three: Judaism	
	Origins and Meanings	Life and Death	Jewish Beliefs	
	<ul> <li>Origins of the Universe</li> </ul>	- End of Life Care	- God and Messiah	
	- Origins of Humans	<ul> <li>Beliefs about the Afterlife</li> </ul>	<ul> <li>Covenant and Commandments</li> </ul>	
	<ul> <li>Faith in the Modern World</li> </ul>	<ul> <li>Funeral and Prayer</li> </ul>	Jewish Practices	
	Good and Evil	Sin and Forgiveness	- Daily Life	
	<ul> <li>Evil and Suffering</li> </ul>	<ul> <li>Crime and Punishment</li> </ul>	- Rituals	
	<ul> <li>Jesus and the Problem of Evil</li> </ul>	- Salvation	Festivals	
	Moral Authority	Church and Mission		

#### Overview of the Year:

Week Beginning	The focus of your learning or revision this week:	Key assessment pieces or specific homework tasks	
		(including deadlines of any coursework/NEAs)	
08/09/25	Life after death		
15/09/25	Heaven Hell and Purgatory		
22/09/25	Vatican II		
29/09/25	Beliefs about the Afterlife	Beliefs about the Afterlife Assessment	
06/10/25	Funerals and Artefacts		
13/10/25	Music in Funerals		
20/10/25	Prayer and Praying for the Dead		
	Half Term		
03/11/25	Funeral and Prayer Revision	Funerals and Prayer Assessment	
10/11/25	Origins and Meanings Revision (Paper 1)		
17/11/25	Good and Evil Revision (Paper 1)		
24/11/25	Assessment Week One		
01/12/25	Crime and Punishment		
08/12/25	Forgiveness		
15/12/25	Capital Punishment		
Christmas Break			
05/01/26	Crime and Punishment Revision	Crime and Punishment Assessment	
12/01/26	Salvation and the church		
19/01/26	Sacraments		
26/01/26	Salvation Revision	Salvation Assessment	

02/02/26	The Church and Mary			
09/02/26	Life and Death revision			
Half Term				

### How to support at home

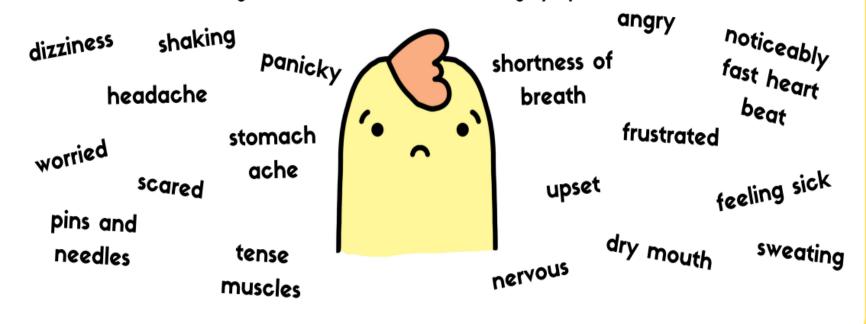
- ✓ Be involved with revision and homework don't do it for them but support them with it.
- Ensuring your child has the correct equipment needed to complete revision.
- ✓ Support your child with good revision habits.
- ✓ Know the key assessment dates so you can help them plan.
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### Y11 information evening-Strategies to support your child's wellbeing

### Part I: understanding anxiety

#### Symptoms of Anxiety

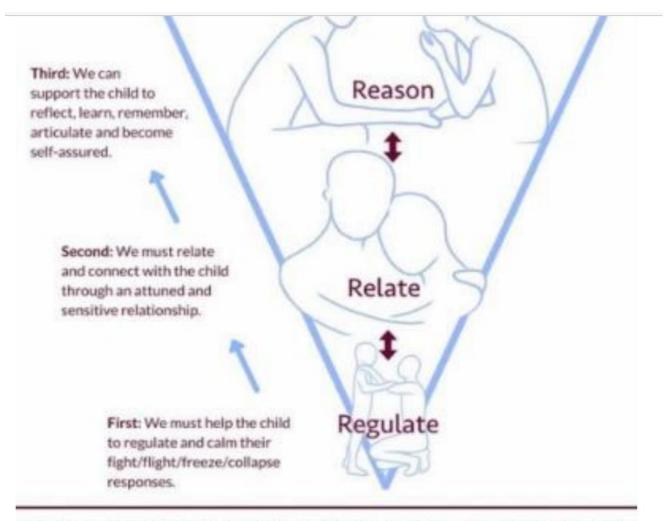
When the Fight or Flight response kicks in and our heart rate and blood pressure increases, we might notice some of the following symptoms.



### What do you already know ..?

- What do you already do to help when your child is anxious?
- What have you tried?
- What doesn't work?
- · What would you like to try differently?

### Tip one-Regulate, Relate and Reason.



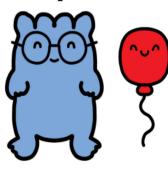
(A helpful tip from Dr Bruce Perry)

Best not to use Reason straight away- meet your child where they are

Heading straight for the 'reasoning' part of the brain with an expectation of learning, will not work so well if the child is dysregulated and disconnected from others.

### Tip two-Breathing.

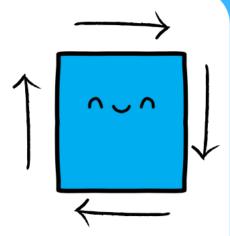
#### **Belly Breathing**



- Take a deep breath in and fill your belly like you're inflating a balloon.
- As you do this, count 1, 2, 3, 4 to breath in and fill the balloon in your belly.
- Pause and then let all of the air out of your belly like you're letting a balloon deflate.
- As you do this, count 1, 2, 3, 4 to breath out and let the balloon go down from your belly.

#### **Square Breathing**

- · Imagine you're drawing a square with your finger in the air.
- Breath in while counting 1, 2, 3, 4 as you draw the top line and then pause.
- Breath out while counting 1, 2, 3, 4 as you draw the line down the side and then pause.
- Breath in while counting 1, 2, 3, 4 as you draw the bottom line and then pause.
- Breath out while counting 1, 2, 3, 4 as you draw the line up the side to make the square.



### Tip three- Acknowledge.

You seem worried. I am wondering what you might be worried about.

It's understandable that you feel frightened. It can be really frightening when things like that happen.

It looks like you are feeling really scared right now.

I wonder if......

Acknowledge Acknowledge Acknowledge

You feel really anxious when you do this.

Going to class is really tough for you at the moment.

It sounds like you are worried about something that is happening at school.

It seems like something is worrying you.

You're really nervous about the test today.

### Tip four-classify your worries.

#### hypothetical worries

Hypothetical worries are worries that we don't currently have control over and can't do anything about. These can be overwhelming and tiring.

What if I get lost?

What if it rains?

What if the bus is late?

What if I get worried?

What if I feel tired in the morning?

What if the teacher asks me a question?

#### practical worries

Practical worries are usually worries about a current situation that we can do something about. It can be easy to put these worries off or try to ignore them all together. However, if we don't do something about practical worries, they can pile up and make us feel overwhelmed.

I don't have enough time to do my homework

I have lots of exams coming up

I haven't seen my friends in age I have to do a presentation

I've been eating lots of unhealthy food

### Who can support your child?



Mr Grant Head of Pastoral Care KS4



**Mrs Townsley**Pastoral Manager KS4



Mr Saunders
Head of Year 11

# What can we offer in school?

- 1:1 support with the Pastoral team
- · Exam and revision group interventions around anxiety
- Signposting and referrals to outside agencies













The Corner

Sheffield

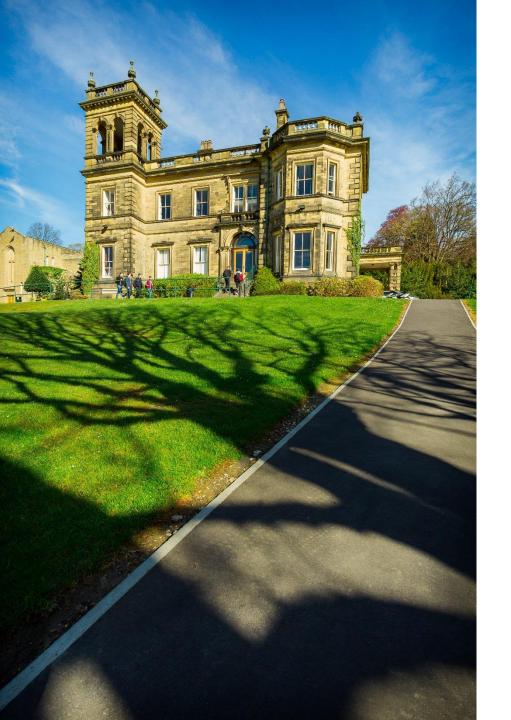






# Relevant readings:

- Helping your child with fears and worries: A self help guide for parents by Cathy Creswell, Lucy Willetts, et al.
- The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind by Dan Siegel & Tina Payne Bryson
- Brainstorm: The Power and Purpose of the Teenage Brain by Dan Siegel
- managing worry 3 session guide all sessions .pdf (wsimg.com)- We Heart CBT.
- supporting with low mood 3 session guide all s.pdf (wsimg.com)





#### NOTRE DAME

#### HIGH SCHOOL

SIXTH FORM



## What are we and what do we offer?

A long established, inclusive, academic sixth form; one of Sheffield's consistent top performers.

Familiar but also different!

We offer our Y11 students the chance to do as well, but most likely better, (because we know them, they know us, and will need no settling in time) than they would in any other sixth form.

There really is no good reason for them to go to another sixth form.





#### 210 students

115 Students from Notre Dame.

95 Students joined us from other schools.



### Who comes here from Notre Dame?

 Everyone from those who just meet the minimum entry requirements which are...

 ...grade 4 in Maths AND grade 5 in English Language or English Literature PLUS 3 x grade 4 in other subjects...

• ...right up to our very highest achievers in Y11.





- Art
- Biology
- Business Studies
- Chemistry
- Computer Science
- D&T
- Drama
- EPQ
- Economics
- English Language
- English Literature
- French
- Further Maths

- Geography
- Government & Politics
- Health & Social Care
- History
- Maths
- Music
- PE
- Photography
- Physics
- Psychology
- Religious studies
- Sociology
- Spanish



# What grades do students need?

Grade 4 or above in Maths **AND** grade 5 in English Language **OR** English Literature, **AND** 3 other GCSEs at grade 4 or above.

Many subjects then have additional requirements.

Further information is on our website.

Subject	Additional GCSE requirements
Art	4 in Art, Graphics, Textiles or Photography or a skills portfolio
Biology	6 in Biology or 6-6 in combined Science and 6 in Maths
Business Studies	4 if studied at GCSE
Chemistry	6 in Chemistry or 6-6 in combined Science and 6 in Maths
Computer Science	5 in Computer Science/Computing and 5 in Maths
D & T	4 in D & T
Drama	4 if studied at GCSE
Economics	5 in Maths
English Language	5 in English Language and English Literature
English Literature	5 in English Language and English Literature
French	6 in French
Further Maths	7 in Maths
Geography	5 if studied at GCSE
Government & Politics	MIN
Health & Social Care	MIN
History	5 if studied at GCSE
Maths	6 in Maths
Music	6 in Music or grade V on instrument
PE	5 in PE and proof of involvement in competitive sport in an activity on the syllabus
Physics	6 in Physics or 6-6 in combined Science and 6 in Maths
Psychology	MIN
Philosophy, Religion & Ethics	5 in RE if studied at GCSE
Photography	4 in Art, Graphics, Textiles or Photography or a skills portfolio
Sociology	MIN
Spanish	6 in Spanish





Start on  $3 \rightarrow$  stay on 3

Start on  $4 \rightarrow drop$  to 3

Start on  $4 \rightarrow$  stay on 4



#### Exam outcomes 2025...

3 out of every 10 grades were A or A\*

- A\* to C $\rightarrow$ 75.1%
- A\* to B $\rightarrow$ 53.8%

Our progress score of +0.21 in 2024 put us in the top 12% of sixth forms nationally

Our progress score for 2025 is +0.41!!





#### **GCSE Average**

#### A Level Average

• 4

• C/D

• 5

• (

• 6

• B/C

• 7

• B

•8

• A/A





100% purposeful progression

University 82%

Gap year/Year 14 12%

Other progression routes 6%





# Russell Group top 24 Universities

National 12%

Notre Dame 44% (44%, 45%,)





#### Oxbridge

- 2023 **2**
- 2024 **2**
- 2025 **6**

## Med/Vet/Dent

- 2023 8
- 2024 9
- 2025 **8**



University Destinations 2025





# How do high achieving Notre Dame students do?

The following students all achieved between A A A up to A\* A\* A\*







→ Medicine

→ University of Oxford







→ Engineering

→ University of Durham







→ Dentistry

→ University of Leeds







→ Maths

→ University of Cambridge







→ Architecture

→ University of Liverpool







→ Theoretical Physics and Applied Mathematics

→ University of Birmingham







→ Dentistry

→ Kings College London







→ Mathematics

► University of Edinburgh







→ Medicine

→ University of Plymouth







→ Biochemistry

→ University of Lancaster





- Applications open from Monday 1<sup>st</sup> December 2025.
- Students apply on Sheffield Progress in school.
- All Notre Dame students are guaranteed an offer if they are predicted the minimum entry grades.
- If they put us as 1<sup>st</sup> choice we guarantee their place and subjects.
- If they put us as 2<sup>nd</sup> choice we guarantee their place <u>but not</u> their subjects.
- Closing date is Friday 31<sup>st</sup> January 2026.
- Students are notified of offers between 25<sup>th</sup> and 27<sup>th</sup> February 2026.
- Offers need to be accepted by Friday 13<sup>th</sup> March 2026.



# Finding out more

# **Enrichment day Friday 17th October**

Open morning
Saturday 15th November
10am – 12noon



# **Parent Comments**

#### Hello Mr Birch,



Hope you are well.

I just wanted to thank you for the support and advice you gave the results day...



...I really appreciate all the help she has had throughout her time at Notre Dame, and I know she wouldn't have had this kind of help at sixth form anywhere else, thank you very much.

#### Dear Mr Birch



We just wanted to write to say a hearty thank you for everything you and the sixth form staff have done for our daughter. She is absolutely over the moon at the prospect of studying at Cambridge, and we are very grateful for the quality of teaching and support she has received during her time in your sixth form.

It has been lovely to see her grow in confidence and make new friends over the last two years. The transition from a very small school to a much larger institution was easy owing to the environment fostered by the staff at Notre Dame.

Please pass on our thanks to all of her teachers, form teacher and advisors.

Dear Mr. Birch,



After much deliberation, has decided to commence BEng/MEng Architectural Engineering studies at Leeds University in October. However, we are extremely grateful for your support. Please would you thank Mrs. McCole and Mrs. Abbey.

I'm not sure if I told you before, but I have 16 years of school teaching experience, including being a deputy headteacher. I was even a school governor. Notre Dame School leaves all Sheffield secondary schools standing, particularly its Sixth Form. It's outstanding.

Thank you for everything you've done for

#### Dear Mr Dransfield

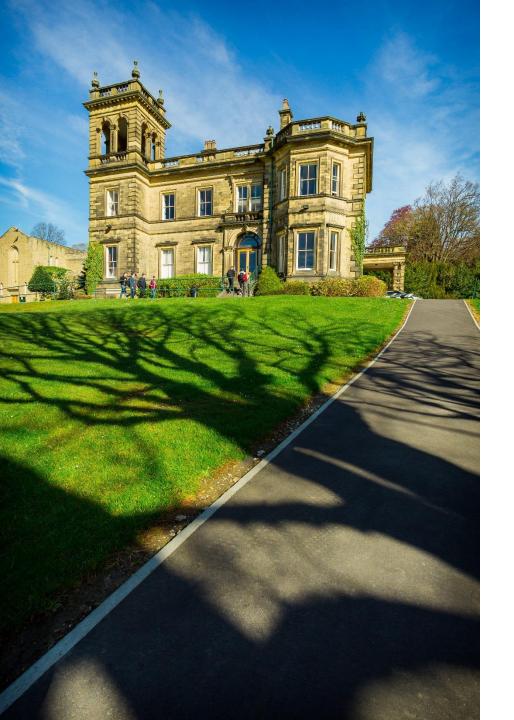
As starts his studies at Sheffield Hallam University next week, it reminded us both of his journey to get there. You and lots of staff at Notre Dame were part of that process.

We just want to give you all our thanks for the support and care he received and for making his time at Notre Dame so much easier. We can't remember a single day when he came home from Notre Dame saying that he'd had a bad day, which speaks for itself. For a young man with his difficulties, this makes a massive difference.

Bearing in mind that he spent half of his time in his junior school days in the integrated resource at number of children who had significant learning difficulties, we genuinely never contemplated when he began at Notre Dame that he would have any chance of going to University.

Credit must go to him for working hard, but it must also go to you, Mr Owczarek, Miss Gagen, Mrs Wilson and all of his other teachers and learning support assistants for believing in him and helping him to get there. We are delighted that he is getting a chance to have the university experience available to other young people of his age.

We know he liked and respected lots of the staff at Notre Dame and will echo our thanks to you.





#### NOTRE DAME HIGH SCHOOL

SIXTH FORM OPEN MORNING SATURDAY 15<sup>TH</sup> NOVEMBER 10:00 – 12:00 AM