



Y11 Learning Journey. Subject: Food Preparation & Nutrition (AQA)

Exam Requirements: Your GCSE in Food Preparation & Nutrition is structured, and examined, in the following way:

Assessment One:	Assessment Two:	Assessment Three:
NEA 1 – Food Science Investigation (15%)	NEA 2 – Food Preparation Task (35%)	Written Exam – 19 June 2024 (50%)

Overview of the Year:

Week Beginning	The focus of your learning or revision this week:	Key assessment pieces or specific homework tasks (including deadlines of any coursework/NEAs)
08/09/25	Actual NEA 1 – Choose task, task analysis, (<i>HWK – Revise Heat transfer</i>)	
15/09/25	Actual NEA 1 – Section A – Research (<i>HWK – Why we cook food</i>)	
22/09/25	Actual NEA 1 – Section A – Research conclusion & hypothesis (<i>HWK - Revise Carbohydrates</i>)	
29/09/25	Actual NEA 1 – Section B – Practical Investiagtion (<i>HWK – Why we cook food</i>)	Complete Section A of NEA 1
06/10/25	Actual NEA 1 – Section B – Practical investigation (<i>HWK - Revise Carbohydrates</i>)	
13/10/25	Actual NEA 1 – Section B – Practical investigation (<i>HWK - Revise Proteins</i>)	
20/10/25	Actual NEA 1 – Section B – Practical investigations (<i>HWK - Revise Fats</i>)	Complete Section B of NEA 1
Half Term (1 week)		
03/11/25	Actual NEA 1 – Section C – Analysis & evaluation (<i>HWK - Revise Vitamins</i>)	
10/11/25	Actual NEA 1 – Section C – Analysis & evaluation (<i>HWK - Revise Minerals</i>)	14.11.25 Hand in date for completed NEA 1
17/11/25	Actual NEA 2 - Choose task & research (<i>HWK – Longer answer Qs</i>)	Complete Section A NEA 2
24/11/25	Assessment Week One	
01/12/25	Actual NEA 2 - Research & Cook Technical dish 1 (<i>HWK - Revise Healthy Eating</i>)	Ingredients needed for NEA practical
08/12/25	Actual NEA 2 – Cook technical dish 2 & Type up (<i>HWK – Practice Multi choice exam questions</i>)	Ingredients needed for NEA practical
15/12/25	Actual NEA 2 – Section B typing up (<i>HWK – long Q practice in revision guide</i>)	
Christmas Break (2 weeks)		
05/01/26	Actual NEA 2 – Cook technical dish 3 & Type up	Ingredients needed for NEA practical
12/01/26	Actual NEA 2 – Cook technical dish 4 & Type up (<i>HWK – Revise Microorganisms & bacteria</i>)	Ingredients needed for NEA practical
19/01/26	Actual NEA 2 – Section B & catch up practical (<i>HWK – Practice Multi choice exam questions</i>)	Catch up practical, ingredients needed
26/01/26	Actual NEA 2 – Section C Final dishes & time plan (<i>HWK –Microorganisms in food production</i>)	Complete Section B NEA 2
02/02/26	Actual NEA 2 –Section C & Nutrition Analysis (<i>Hwk – Revise Food science; raising agents</i>)	
09/02/26	Actual NEA 2 – Section D practical exam or Section C (<i>HWK – Food science; Carbohydrate</i>)	Ingredients needed for NEA practical exam
Half Term (1 week)		
23/02/26	Actual NEA 2 – Section D practical exam or Section C (<i>HWK – Food science; Fats</i>)	Ingredients needed for NEA practical exam
02/03/26	Assessment Week Two – NEA Practical Exam	
09/03/26	Actual NEA 2 – Complete Section E – Final evaluation (<i>Hwk – Food science; Proteins</i>)	
16/03/26	Actual NEA 2 – Complete Section E – Final evaluation (<i>HWK – Food science; practice questions</i>)	Hand in date for completed NEA 2 23.2.24

23/03/26	Revision & exam practice (Food Safety) (<i>HWK – Revision guide question practice</i>)	
30/03/26	Revision & exam practice (Food Preparation) (<i>HWK – Revision guide question practice</i>)	
Easter Break (2 weeks)		
20/04/26	Revision & exam practice (Food Provenance & Choice) (<i>HWK – Revision guide Q practice</i>)	
27/04/26	Revision & exam practice (Food Science) (<i>HWK – Revision guide question practice</i>)	
04/05/26	Revision & exam practice (Nutrition) (HWK – Revision guide question practice)	
11/05/26	GCSE Exams start	Food Exam 11 June 2026

Exam Practice:

You can find past papers to help support your revision and develop your exam technique here:

- ✓ Collins Revision Guide (available from school £5.00)
- ✓ Group directories/Technology/Food & Nutrition/Past papers
- ✓ AQA website; [AQA | GCSE | Food Preparation and Nutrition | Assessment resources](#)

Glossaries:

Vocabulary lists to support your revision can be found here:

- ✓ [AQA | Subject specific vocabulary](#)
- ✓ Collins Revision Guide; AQA Food Preparation & Nutrition
- ✓ Group directories/Technology/Food & Nutrition/Revision resources
- ✓ [www.illuminate.digital/aqafood](#) (username SNOTRE3 password STUDENT)

Revision Materials:

We advise that you use the following revision materials:

- ✓ Collins Revision Guide; AQA Food Preparation & Nutrition
- ✓ Group directories/Technology/Food & Nutrition/Revision resources
- ✓ [www.illuminate.digital/aqafood](#) (username SNOTRE3 password STUDENT3)

Advice and Guidance for Revision

Purchase the revision guide from school and use it to complete the weekly homework tasks set on SMHW. Bring this to your lesson each week and make sure you ask me questions if you are unsure of anything.