

Notre Dame School – PE Clubs and Social Sports – January to February 2026

	Before School 830am-8.55am		Lunchtime 1245pm-125pm		After School 335pm-445pm
Monday	Social Basketball SPORTS HALL RD		Y10 Football 4G SD/PH	All Years Archery GYM RN	
	Social Football 4G MAM		All years netball (PE kit required) SPORTS HALL JW & LGI		
Tuesday	Pro Badminton Coaching (8am – 850am am (£2 per week via MCAS) Beginners welcome SPORTS HALL		Y7/8 Basketball Practice (PE kit required) SPORTS HALL RD		
	All years morning Fitness FS JOS		Y9 Football (PE kit required) 4G JOS		
	Social Football 4G MAM		Fitness suite – PE kit FS CKA		
Wednesday	Social Basketball SPORTS HALL RD		Y7 & Y10 Rugby 4G GN & MD	Y11 Football 4G JOS	All years girls football 4G (change at FS) LGI
	Social Football 4G MAM		Y9-11 Basketball Practice (PE kit required) SPORTS HALL RD		Indoor Rowing Club Run by an external coach Beginners of all ages welcome at FS
	Morning Fitness FS CKA				Trampolining Club Gym (CK) ***** NEW
Thursday	Social Football 4G JOS	Strength & Conditioning Y8-11 OJ Fitness Suite (starts 815am – 850am) *****NEW*****	Y8 Football Practice 4G RD	Y7-9 Pickleball Club Sports Hall TW	Y7-9 Netball practice JW/ LGI SH
	Social Badminton SPORTS HALL LGI	Trampolining Gym (JW) *****NEW*****	All years Gymnastics club Gym CKA	Dance Club all years Chapel *** NEW**	All years running club FS CKA
Friday	Social Basketball SPORTS HALL RD	Social Football 4G MAM	Fitness Suite FS JW	Y7 Football Practice 4g (PE kit required) MAM	
	Morning fitness FS CKA		Pro Coaching GCSE PE Badminton Club (Open to GCSE PE students only - £2 per week via MCAS)SPORTS HALL		