

7 July 2026

Learning in Hot Weather and a Reminder About Arrangements for Sports Day

Dear Parents and Carers,

Once again, we find ourselves approaching a few days when temperatures are forecast to be very high. As a result, we are making some sensible adjustments to help keep everyone comfortable and safe while ensuring that learning can continue as normally as possible, just as it did during the last period of hot weather a couple of weeks ago.

Water

Most importantly, please could I ask that you ensure your child comes to school with a refillable water bottle. It would be sensible for students to bring more than one bottle this week, or a larger bottle where possible. We will ensure there are plenty of opportunities throughout the day for students to refill their bottles. In addition to the water fountains, jugs of water will be available in the canteen, and the Food Technology classroom will also be open to students, where additional taps are available.

Please also ensure that your child has applied sun cream before coming to school and brings a hat or cap to protect them from the sun. Students may also wear sunglasses when outside at break and lunchtime.

Uniform

From tomorrow until the end of this week, students will be permitted to wear their PE kit instead of their usual school uniform. They would have been wearing PE kit on Friday in any case, as it is our Sports Day at the English Institute of Sport.

As a reminder, students may wear:

- House-coloured PE T-shirt (if they have one), particularly on PE days when inter-house activities will be taking place
- Green PE T-shirt
- Plain white T-shirt (no football shirts, crop tops or strappy tops)

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Headteacher: Mrs D Cleary

"In the schools teach whatever is necessary to equip students for life." Saint Julie Billiart

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- Black PE shorts (no shorter than mid-thigh length). Students wearing shorts that are deemed too short will be asked to change.
- Black PE skirt
- Black PE leggings or joggers
- PE trainers

In addition to PE kit, students do not need to wear or bring a jumper to school. They may also choose to wear:

- Green school polo shirt
- Tailored black shorts (these are permitted all year round)
- Black loose-fitting trousers, for example linen or cotton
- Plain white T-shirt (no football shirts, crop tops or strappy tops)

Students may **not** wear:

- Crop tops or vest tops
- Football kits

As before, I am sure our students will respond sensibly to these temporary adjustments. However, I would appreciate your support in ensuring that your child adheres to the dress code outlined above.

Sports Day at the English Institute of Sport (EIS) – Friday

We have checked with the venue to ensure it is suitable for Sports Day to go ahead. The EIS has a cooling airflow system and was able to continue operating as normal during the last period of hot weather, including hosting school Sports Days.

As an additional precaution, the EIS will be providing free drinking water throughout the day for students and staff. Water containers will be positioned around the track so that students can refill their bottles and stay hydrated. These will be replenished regularly throughout the day.

May I also remind you that the parking arrangements at the venue have changed slightly. Parents may continue to drop off and collect students as normal. There is a 30-minute grace period before parking charges apply. If you are staying longer than this,

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you will need to park and enter your vehicle registration on the iPad at reception to receive up to 2.5 hours of free parking. Any stay beyond this period will be chargeable.

It would also be very helpful if parents dropping off or collecting their children could remain on site for the shortest possible time to help reduce congestion. You may also stop briefly on the road outside the car park to drop off or collect your child. May I also remind you that we ask parents not to come into the EIS to collect their children, as this creates unnecessary congestion inside the venue.

Please be aware that during one of the recent hot days, tram services were temporarily suspended. Of course, this does not necessarily mean that the same will happen again. However, it would be sensible to have a conversation with your child about what they would do if this happened, and how they could make alternative travel arrangements, such as using local bus services, which often operate additional routes when trams are disrupted. I would also like to reassure you that staff will be available to support students should this situation arise.

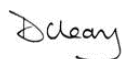
Ball Games

From tomorrow, students will not be permitted to play ball games at break or lunchtime. This is purely for safety reasons. I appreciate that this may not be a popular decision with some students, but I would be grateful for your support in helping them understand why this is an important precaution during the hot weather.

Experience tells us that attendance can sometimes fall during periods of exceptionally hot weather. Naturally, we do not wish this to happen and would encourage all students to attend school as normal unless they are genuinely unwell.

Thank you for your continued support. We hope that the measures we have put in place will help ensure that everyone remains safe, comfortable and able to enjoy a successful end to the week, including Sports Day.

Kind regards,



D Cleary
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